

# Regina Y Judo Club



## Provincial Tournament

**TOURNAMENT LOCATION:** 2400 13<sup>th</sup> Avenue, Regina SK.

**DATE:** January 25, 2020

**CHIEF OFFICIAL:** T.V. Taylor

**CHIEF REFEREE:** Ross Kostron

**TOURNAMENT DIRECTOR:** Chris Dornstauder

**Weigh-In Time:** Jan 25, 20 8:00 AM - 10:00 AM for U10, U12, and Ne-waza  
Jan 25, 20 8:00 AM - 11:30 AM for U14, U16, U18, U21, Senior, Veterans

**FUN Warm-up for U10 & U12 with Provincial Coaches: 10:15 AM – 10:45 AM**

**Referee Meeting: Saturday - 10:30 AM**

**Competition Start Time: 11:00 AM**

### **Order of competition:**

1. Ne-waza for U10 & U12 (white and yellow belts), and Senior Ne-waza
2. Yellow belt and higher U10 & U12
3. Veterans, U14, U16, U18, U21, Senior

**Registration fees: \$30.00**

**Second division: \$10.00**

**Please Note #1:** U12 athletes born in 2009 that are yellow belt and higher may also compete in U14.  
U14 athletes born in 2007 that are yellow belt and higher may also compete in U16.

**Please Note #2:** U21 & Senior will be one division unless there is a sufficient number of U21 athletes registered.

**Please Note #3:** For Veterans, age categories to be determined at registration, but will follow Judo Canada combining rules.

**Draw Format:**

- For **U10 and U12** a round robin pool system will be used where each entrant meets each other entrant only once. Every effort will be made to have pools of four.
- For Weight categories with eight (8) or more entrants it will be a true double elimination system
- For weight categories with six (6) or seven (7) there will be two pools of round robin. The winner of Pool A (A1) will meet the second place from pool B (B2) and the winner of Pool B (B1) will meet the second place from pool A (A2). The winners of this match will then meet to determine 1<sup>st</sup> and 2<sup>nd</sup> while the losers will meet for bronze.
- For weight categories of five (5), four (4) or three (3) entrants there will be a pool system where each entrant meets all entrants in a round robin format. The top two entrants will then meet in one match for 1<sup>st</sup> and 2<sup>nd</sup> while the third place finisher will receive bronze.
- For weight categories of two entrants they will meet twice or until one entrant has two (2) wins.
- Unless there are sufficient numbers registered U21 and Sr divisions will be combined.

**Tournament Guidelines:**

- IFJ regulations apply unless specifically modified in Judo Canada's "Tournament Standards and Sanctioning Policy"
- Members must be registered and in good standing with Judo Saskatchewan
- White belts and half white half yellow belts may participate in newaza only.
- **MUST** be born in **2012 or earlier**
- The tournament committee in its sole discretion reserves the right to make any changes necessary in the best interest of the athletes.
- Weight classes may be combined if unsuitable numbers of athletes are registered in a particular weight division.
- Under 10 & U12 ages may be combined for ne-waza
- All weights are exact weight. No allowances for clothing
- Females must wear a plain white t-shirt under their judogi.

**Note:** There will be no shime waza or kansetsu waza for any orange belt and under competitors regardless of age group.

**Note:** Sankaku gatame is not allowed for U14 division and younger.

**U10** - Grip is allowed only at the front of the judogi – gripping hand cannot fully cross the "frontal plane" of movement of Uke; HOWEVER, a grip behind the back around the shoulder or lower back is allowed as long as it is followed by an immediate and continuous attack

***The following actions/techniques are not allowed:***

- Kansetsu and shime waza
- Head locking with a grip over or around the neck both in tachi and ne Waza
- All drop down techniques, which start on one or both knees
- Tani otoshi or makikomi waza and sutemi waza
- Counter rotation techniques against one legged throws will not be scored – ie against uchi mata or harai goshi

**U12** - The bout begins with a grip allowed only at the front of the judogi with the collar gripping hand cannot fully cross the "frontal plane" of movement of Uke; HOWEVER, once the bout starts any other grip behind the back around the shoulder or lower back is allowed as long as it is followed by an immediate and continuous attack.

***The following actions/techniques are not allowed:***

- Kansetsu and shime waza
- Head locking with a grip over or around the neck both in tachi and ne Waza
- All drop down techniques, which start on one or both knees
- Tani otoshi or makikomi waza and sutemi waza
- Counter rotation techniques against one legged throws will not be scored – ie against uchi mata or harai goshi

**U14** - A grip behind the back around the shoulder or lower back is allowed as per kumi-kata rules.

***The following actions/techniques are not allowed:***

- Kansetsu and shime waza
- Head locking with a grip over or around the neck in tachi waza
- All drop down techniques, which start on one or both knees
- Sutemi Waza and Makikomi Waza are not allowed below Green belt
- Counter rotation techniques against one legged throws will not be scored – ie against uchi mata or harai goshi

**U16** - No Kansetsu Waza are allowed

U10
<b>Born 2011 - 2012</b>
Mixed Gender
2 min fixed time

Entrants will be sorted into appropriate groups following morning weigh-ins.

U12
<b>Born 2009 - 2010</b>
Mixed Gender
2 min fixed time

Entrants will be sorted into appropriate groups following morning weigh-ins.

U14		U16		U18		U21		SENIOR	
<b>Born 2007-2008</b> <i>Note: 2009 may compete as a second division</i>		<b>Born 2005-2006</b> <i>Note: 2007 may compete as a second division</i>		<b>Born 2003-2004-2005</b>		<b>Born 2000-2005</b>		<b>Born 2005 and older</b>	
3 minutes		3 minutes		4 minutes		4 minutes		4 minutes	
No Golden Score		Golden Score		Golden Score		Golden Score		Golden Score	
M	F	M	F	M	F	M	F	M	F
-34kg	-32kg	-38kg	-36kg	-46kg	-40kg	-60kg	-48kg	-60kg	-48kg
-38kg	-36kg	-42kg	-40kg	-50kg	-44kg	-66kg	-52kg	-66kg	-52kg
-42kg	-40kg	-46kg	-44kg	-55kg	-48kg	-73kg	-57kg	-73kg	-57kg
-46kg	-44kg	-50kg	-48kg	-60kg	-52kg	-81kg	-63kg	-81kg	-63kg
-50kg	-48kg	-55kg	-52kg	-66kg	-57kg	-90kg	-70kg	-90kg	-70kg
-55kg	-52kg	-60kg	-57kg	-73kg	-63kg	-100kg	-78kg	-100kg	-78kg
-60kg	-57kg	-66kg	-63kg	-81kg	-70kg	+100kg	+78kg	+100kg	+78kg
-66kg	-63kg	-73kg	-70kg	-90kg	+70kg				
+66kg	+63kg	+73kg	+70kg	+90kg					

VETERAN		NE-WAZA	
<b>Born 1990 and older</b>		<b>Born 2005 and older</b> Separate divisions for • White-Yellow-Orange • Green and higher	
3 minutes		4 minutes	
Golden Score		Golden Score	
M	F	M	F
-60kg	-48kg	-66kg	-52kg
-66kg	-52kg	-81kg	-63kg
-73kg	-57kg	+81kg	+63kg
-81kg	-63kg		
-90kg	-70kg		
-100kg	-78kg		
+100kg	+78kg		

There will be team training on  
**Sunday January 26, 2020**  
**Regina YMCA gym**  
 8:30 AM – 10:30 AM Technical & Randori  
 HP/Competitive athletes who are Green Belt and 12 years +  
**Regina Y dojo**  
 10:30 AM – 12:00 PM Judo U12 Judoka  
 1:00 PM – 2:30 PM Newaza, Transition, Randori HP/Competitive athletes Green Belt and 12 years +  
**Judo Saskatchewan High Performance Coach will lead the training**

**2020 PROVINCIAL JUDO TOURNAMENT hosted by Regina Y Judo Club**

**January 25, 2020**

JUKODA'S NAME: \_\_\_\_\_  
(Last Name) (First Name)

YEAR OF BIRTH \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ RANK: \_\_\_\_\_ (Belt Color)

**CATEGORY:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **KG**

JUDOKA'S ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PHONE \_\_\_\_\_

JUDO CLUB: \_\_\_\_\_

SENSEI: \_\_\_\_\_

**RELEASE, INDEMNITY, WARRANTY REGISTRATION AND ASSUMPTION OF RISK**

In consideration of your acceptance of this entry to the Regina Y Judo Tournament, I for myself (contestant's name) \_\_\_\_\_

my heirs, executors, administrators and assigns, do hereby release and discharge Judo Saskatchewan, Regina Y Judo Club, or representatives of and from any and all claims or demands, losses, or injuries incurred or sustained by

me (parent's name if contestant is less than 18 yrs) \_\_\_\_\_ as a result of attending, competing in, practising for or travelling to or from the Regina Y Judo Tournament,.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Parent/Guardians Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

**Make Cheque payable to Regina Y Judo Club**