

Judo Saskatchewan Updates



Date: June 2013

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the monthly update.

A) Ippons of the Day:

<http://www.youtube.com/watch?v=UhiMxfnfHMM>
http://www.youtube.com/watch?v=l-6v4rMN_E4
<http://www.youtube.com/watch?v=xX-hkLMparE>
<http://www.youtube.com/watch?v=c1QVleWrA1Q>
<http://www.youtube.com/watch?v=vKUSVd93UMM>

B) Judo Saskatchewan Updates:

Judo Sask. Website: www.judosask.ca

2013 National Championship Results – July 4-7, 2013

1st	Sydney Poliakiwski, U18 52kg
1st	Chelys Vallejo, Masters +78kg
2nd	Emily Schaan, U21 63kg
2nd	Brandon Morrison, U15 66kg
3rd	Jordan Poliakiwski, SR. 52kg
3rd	Bishop Sommerfeld, SR. 78kg
3rd	Nicole Dyck, U21 70kg
3rd	Brette Poliakiwski, 48kg
3rd	Jack Karaim, U15 50kg
5th	Alex Poliakiwski, U21 57kg
5th	Brette Poliakiwski, U21 48kg
5th	Josie Lehner, U18 52kg
5th	Bryce Martindale U18 73kg
5th	Josh Gauthrie 60kg

Judo Saskatchewan is proud of all of the athletes who represented our province at this competition. They have all dedicated time and effort to become the best athlete possible. All of the athletes left their blood, sweat and tears on the mats.

A special congratulations to Sydney Poliakiwski who has qualified for the 2013 World Cadet Championships in Miami, Florida from August 08 to August 11, 2013.

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

B) Athletes / Coaches Corner

Uchi-Mata:

Mike Swain (USA) 1987 World Champion

http://www.youtube.com/watch?v=QQjMkHGU_Ic

Mark Huzingia (NED) 2000 Olympic Champion

<http://www.youtube.com/watch?v=CSKTH1-JRxY>

Science of Uchi-mata

<http://www.youtube.com/watch?v=uYq-0EQU54>

Competition Clips of Uchi-mata

<http://www.youtube.com/watch?v=7a6NFB3F8yc>

2013 Summer Camp

<http://www.judosask.ca/events/SummerCamp2013.pdf>

Updated Judo Canada Concussion Information:

http://www.judocanada.org/system/wp-content/uploads/2011/08/Concussion-information-JC_EN_2013.pdf

IMPORTANT:

Doping Control Website: <http://www.globaldro.com/ca-en/>

To find the status of any medication or other substance, consult the Global DRO.

D) Judo Interest:

Dilyaver Sheykhislyamov: 5th at Miami Grand Prix

<http://fightnetwork.com/news/39295:sheykhislyamov-5th-at-miami-judo-gp-live-on-fight-network/>

For gold, Korean judoka ignores life to train to the death

http://english.hani.co.kr/arti/english_edition/e_entertainment/545383.html

E) Featured Match of the week:

UEMATSU (ESP) - ESTRADA (CUB)

<http://www.alljudo.net/video-de-judo-3853.html>

F) Judo Saskatchewan NCCP

NCCP Homework

Coaches who have outstanding home work from any of the NCCP courses please provide me with this information anytime so we can review and finish your certification.

Please contact Ewan Beaton if Interested:

beaton_judocan@yahoo.ca

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Schedule of Events July 2013:

- 4-7, National Judo Championships, Richmond, BC
- 27, Judo Saskatchewan Technical Clinic and Black Belt Grading

Complete Schedule of Judo Saskatchewan Events:

<http://www.judosask.ca/events.html>