

Selection Criteria: Judo Saskatchewan 2020

Athletes must attend Checkpoints throughout the year as a minimum to be considered for an event. The checkpoints are provincial events (Tournaments, Squad Training Days and Camps). It is important our athletes support these events to a) support judo in the province b) to have the best preparation leading into out of province events. For all out-of-province events, athletes in their second year of the age category, are expected to fight in two age categories in order to have more contests, learn their craft, and gain as much value from the event as possible.

There may be some cases where an athlete has no results or performance history but has good attendance/commitment to the program. In such cases an athlete may be selected/invited for a competition where there is a training camp to follow as that would be a good development opportunity.

Criteria:

- Attendance/Checkpoints
- Performance History: Results on the National Circuit/Win-Loss Records.

Other Considerations:

- Athlete readiness: is the athlete of the level/have the strength and condition to gain value from the competition/camp?
- Training Behaviours: Work Ethic, Coachability?
- Injury Status/ Robustness: Is the athlete prepared for the Competition/Camp? has the athlete completed at least 2 weeks of full randori leading into the competition?
- *Distance for the athlete to travel. Where an athlete lives more than 6 hours away from a Provincial Event/Squad Training a discretionary Provincial Annual Plan will be agreed upon with the Selection Committee.

Selection Criteria Pacific International March 14th-15th:

Checkpoints

- Fall Camp 4th-6th Oct
- Sask Open 19th/20th Oct
- Watrous Provincial Tournament 16th Nov
- Squad training Day Watrous 17th Nov
- Winter Camp 6th-8th Dec

Must attend 3 out of the 5 events

*If an athlete cannot make a checkpoint it is important this is communicated at least 1 week in advance, with a valid reason.

Selection Criteria Open Nationals May 14th-17th:

Checkpoints:

- Must have hit the checkpoints leading into the Pacific International
- Regina Y Provincial Tournament 25th Jan
- Provincial Training Day Regina Y 26th Jan
- Inner City Tournament and Training 1st Feb
- Edmonton International 7th-8th March
- Edmonton International Training Camp 9th-10th March

Must attend 4 out of the 6 events

*If an athlete cannot make a checkpoint it is important this is communicated at least one week in advance with a valid reason.

- Expected to attend at least 1 of the 2 Preparation Camps, (2 would be preferable and very beneficial):
- Canmore Camp 3rd-5th April
- Lethbridge Camp 2nd-3rd May

Veterans & Newaza Selection Criteria Open Nationals:

- Nomination from Club Coach stating the nominated athlete is regularly training at the club and fit to fight in Shiai.
- Athlete must be in good standing with Judo Saskatchewan.
- Newaza athletes must have competed in at least two newaza tournaments in the 2019-2020 season
- Veteran athletes must have competed in at least two tournaments as a veteran or senior in the 2019-2020 season.

Selection Criteria Canada Cup June 25th-28th

- Must have been selected for the Open Nationals
- Must have hit the checkpoints throughout the year
- Must continue to train regularly at their club leading into the event

Selection Criteria Eastern Tour Quebec/Ontario/Camp:

Checkpoints:

- Must attend Summer Camp August 2020 (dates tbd)
- Must Attend Fall Camp Oct 2020
- Must Compete in Sask Open Oct 2020

Thank-you for supporting the selection criteria which will help us best prepare our athletes for competitions. We look forward to working with you all in the upcoming season and beyond.

Judo Saskatchewan Selection Committee