

**Judo Saskatchewan
Summer Camp
August 8, to Aug 14 – 2010**



You are invited to come and meet new and current friends when you attend the Judo Saskatchewan Summer Camp to train with the following coaches:

Ewan Beaton

Judo Saskatchewan High Performance Coach
& Director of Development
1992/1996 Olympian
2004 Olympic Coach/2008 Olympic Team Leader

Fatira Merah

Judo Alberta High Performance Coach
Former France National Team Member

Bruce Kamstra

Judo BC High Performance Coach
Former National Champion & National Team Member

Scott Tanner

Judo Nova Scotia High Performance Coach
Former National Champion & National Team Member

This year's camp will feature 2011 Canada Games athletes from British Columbia, Alberta, Saskatchewan, Nova Scotia, and NWT. This will be an excellent developmental camp for any athlete wishing to qualify for the 2011 Canada Games.

There will be fun for everyone including great food, morning exercises, games, swimming, marshmallow roasts and the second annual Judo Saskatchewan carnival. The week will end with a banquet and dance. And of course there will be judo, judo, judo.



Location: LCBI High School, Ash St. & 4th Ave. Outlook, Saskatchewan. This is an in-residence high school with dormitories and has a full gymnasium and weight room.

http://www.lcbi.sk.ca/begin_index.htm

Cost: The weekly cost will be \$290 per athlete which includes all meals and accommodations. The daily drop in fee will be \$50.00 per day. ***price includes all meals and accommodations****

Applications: Can be located on the Judo Sask website at <http://www.judosask.ca/> **Deadline for applications: July 20th, 2009.** Late applications will be an additional \$25 per applicant.

Please enclose application form and cheque payable to:

Judo Saskatchewan

c/o Lynn Schaan

#165-1128 McKercher Drive, Saskatoon, Sask. S7H 4Y7

For Camp Details or Information please contact Camp Director Lynn Schaan

lynnschaan@hotmail.com

IMPORTANT: LIMIT FIRST 70 MALE & 45 FEMALE APPLICANTS

Minimum Age: 9 years old

Minimum Rank: Yellow Belt

Things To Bring:

- _____ Judo gis
- _____ Sleeping Bag
- _____ Bottom sheet
- _____ Pillow
- _____ Mosquito Repellant
- _____ Water Bottle
- _____ Flashlight
- _____ Swim Suit/Towel
- _____ Toiletries
- _____ Rain Gear
- _____ Gym Clothes
- _____ Jogging Shoes
- _____ Night Clothing
- _____ Spending Money
- _____ Sunscreen

Arrival Time: August 8, 2010 – 3:00 PM – 4:00 PM

Departure Time: August 14, 2010 – 10:00 AM - 12:00 NOON



JUDO SASKATCHEWAN SUMMER CAMP APPLICATION FORM

Deadline For Camp Applications is July 20, 2010

Please send form and enclose a cheque payable to:

Judo Saskatchewan

c/o Lynn Schaan

#165-1128 McKercher Drive, Saskatoon, Sask. S7H 4Y7

lynnschaan@hotmail.com

Name: _____ Age: _____ Male/Female (circle one)

Date Of Birth: - Year _____ Month _____ Day _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Telephone #: _____ Medical #: _____

E-mail Address for contact: _____

Allergies: _____ Recent Injuries: _____

Judo Club: _____ Belt Level: _____ Years in Judo _____

IN CASE OF EMERGENCY: CONTACT NAME: _____

EMERGENCY TELEPHONE #: _____

GENERAL WAIVER: We reserve the right to refuse enrollment or dismiss a judoka if it is in the best interest of the judoka and/or the camp. In the event of a dismissal, there will be no refund on any part of the Camp fee. We also regret we cannot be responsible for any losses and or damage to a judoka's belongings. Permission is hereby given to use the photo image, written testimonial or voice of the campers, which may appear in the camp brochure/report or future advertising.

I desire my child to participate in the full camp program and all activities, unless I advise you otherwise in writing (in advance). I agree that having taken such precaution as in your discretion is deemed advisable, you shall not be held responsible for any sickness or accident to my child. Parents are therefore reminded to see that their son/daughter is covered under one of their own sickness and/or accident insurance plans available at a minimum cost throughout the year. If for any reason my child requires medical attention beyond that furnished by the camp, I agree to be responsible for any expenses incurred. I hereby volunteer release, forever discharge and agree to indemnify and hold harmless Judo Saskatchewan (including their agents, officers, volunteers, employees and all other persons acting in the capacity on their behalf) from any, and all claims, demands, or cause of action, which are in any way connected with the registered individual's participation in this activity.

Signature of Parent/ Guardian _____ Date _____

Signature of Athlete _____ Date _____

Medication (Current medication if any)

Medical History:

MEDICAL SUMMARY FORM
FORMULAIRE DE SOMMAIRE MÉDICAL

Personal Information
Information Personnelle

Name

Province

DJ / MM / YYAA

D.O.B. - Date de naissance

Male Homme

Postal code - Code postal

() -

Phone # Téléphone

Female Femme

Medical Information
Information Médicale

Medicare # Assurance maladie

DJ / MM / YYAA

Expiry date d'expiration

Province

Blood type - Type sanguin

N Y - O

Medication - Médicamentation

Details

Allergies

Recent concussion - Commotion récente

Date

DJ / MM / YYAA

Medical History
Problèmes Médicaux

N Y - O

Head injury - Blessure à la tête

Seizure/Convulsion - Convulsion

Heart problems - Troubles cardiaques

High blood pressure - Haute tension

Blood problems/Bruising Problèmes
sanguins/Ecchymose

Asthma - Asthme

Diabetes

Menstrual problems - Problèmes menstruels

Abdominal problems - Problèmes abdominaux

Heat/Dehydration
Bouffée de chaleur/Déshydratation

Skin disorders/lesions
Problèmes cutanés/lésions

Athlete signature - Signature de l'athlète

Witness - Témoin

Parent signature (if under 18) - Signature d'un parent (si moins de 18)

Date