

Judo Saskatchewan Updates



Date: September, 2011

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the monthly update.

A) Ippons of the Week:

2011 Nationals: Emily Schaan

<http://www.youtube.com/watch?v=zemPiUNpRxQ>

2011 Nationals: Nicole Dyck

<http://www.youtube.com/watch?v=6fX2mxalwBg>

http://www.youtube.com/watch?v=fKp9x_2UHBY

Amazing Ippons!

<http://www.youtube.com/watch?v=jNa4QkCuor8>

B) Judo Saskatchewan Updates:

Judo Sask. Website: www.judosask.ca

IMPORTANT: JUDO SASKATCHEWAN 2011-12 REGISTRATION

It is very important that all people who are practicing Judo in Saskatchewan are a member in good standing with Judo Saskatchewan/Judo Canada.

Membership fees need to be paid to your judo club in September and October.

All Judo clubs have their registration spreadsheets, and if they have not received one they are advised to contact Kate Schneider.

Kate Schneider: judomom.kate@sasktel.net

Registrar, Judo Saskatchewan

BLACK BELT PROMOTIONS – AUGUST 28, 2011

ROBB KARAIM, Chairperson PGB, Judo Sask

The following candidates were successful in their gradings.

JOHN RENOUF, MELFORT - graded to Yondan

GARTH RIVERS, MOOSE JAW - graded to Nidan

BISHOP SOMMERFELD, REGINA - graded to Shodan

JUDO SASKATCHEWAN MOOSE JAW TRAINING CAMP – SEPTEMBER 23,24, 25, 2011

Attached to this message is the information for the Judo Saskatchewan training camp in Moose Jaw on September 23, 24, 25, 2011. This is an excellent early season camp to help lay the foundation for the 2011-12 competitive season. It will be a good training camp for all U15/U17/U20 and Senior athletes interested in attending the 2012 National Championships in Toronto, Ontario.

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

C) Athletes / Coaches Corner

Marie-Helene Chisholm, Woman's National Coach, 2004 Olympian

NEW Sankaku-jime 2: (hook arm)

<http://www.youtube.com/watch?v=Z6ZFs85CYpM>

Sanka-ku-jime 1:

<http://www.youtube.com/watch?v=dAvnE9ydgk8>

IMPORTANT:

Doping Control Website: <http://www.globaldro.com/ca-en/>

To find the status of any medication or other substance, consult the Global DRO.

D) Judo Interest:

Canada's Kelita Zupancic: Rising Star

<http://www.judocanada.org/2011/08/23/canadas-rising-judo-star-willing-to-pay-the-price/>

E) Featured Match of the week:

2011 Junior US Open: Gaelan Morrison

<http://www.youtube.com/watch?v=E91Izrrkslo>

F) Judo Saskatchewan NCCP

*NCCP 2: Dojo Instructor – September 30, October 1 & 2, 2011
Saskatoon, SK*

*NCCP 1: Dojo Assistant – November 11, 12 & 13, 2011
Location to be finalized*

Please contact Ewan Beaton if Interested:

beaton_judocan@yahoo.ca

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Schedule of Events September:

September 10-11, 2011 Judo Saskatchewan Coaches Retreat

September 23-25, 2011 Judo Saskatchewan Team Training, Moose Jaw,

Sept.30/Oct. 1 & 2, 2011 NCCP 2: Dojo Instructor, Saskatoon, SK

Complete Schedule of Judo Saskatchewan Events:

<http://www.judosask.ca/events.html>