

Judo Saskatchewan Bi-Weekly Updates

Date: March 03, 2010

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the weekly update.

A) Judo Video Clips:

Ippons:

<http://www.youtube.com/watch?v=-n-cfnUxZ68>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

Judo Saskatchewan 2010 Summer Camp

Register today! There will be about *50 athletes from out of province* attending this year's Summer Camp and there are limited available spaces for the camp. Get your name in now to ensure that there will be a spot for you at the camp.

<http://www.judosask.ca/events/SummerCampNotice.pdf>

Volunteers Needed: Please contact Lynn Schaan if you are interested in volunteering for the 2010 Summer Camp: lynnschaan@hotmail.com

Melfort Open: March 06, 2010

<http://www.judosask.ca/events/MelfortNotice.pdf>

Moose Jaw Open: March 27, 2010

<http://www.judosask.ca/events/MJnotice.pdf>

C) Athletes / Coaches Corner

Judo Sask Team:

Frazer Will, Star City, SK, 2008 Olympian

Ne-waza Technique:

Bear Hug: <http://www.youtube.com/watch?v=FwrgS69Jdsk>

Drop Technique:

Part 1: <http://www.youtube.com/watch?v=LRANt50PTws>

Part 2: <http://www.youtube.com/watch?v=9cBxN1bI1ZA>

Part 3: http://www.youtube.com/watch?v=CSsqNFm5U_M

D) Judo Canada/ World Update:

February 20-21, German Grand Prix

5th Frazer Will, Star City, Saskatchewan

- Frazer Will has qualified for the 2010 & 2011 World Championships with this performance

February 27-28, Czech Republic World Cup

7th Frazer Will, Star City, Saskatchewan

E) Judo Interest:

Moose Jaw: Sask Games

<http://www.mjtimes.sk.ca/News/Local/2010-02-17/article-762877/Athletes-show-off-their-judo-techniques/1>

The Sask Games Judo Competition is currently on Sasktel Max:

Channel 48:

Sasktel Max Local on Demand

Sport Section: Saskatchewan Games Judo

Sasktel Max information:

<http://www.sasktel.com/personal/max-entertainment-services/index.html>

The program is over 2 hours - they have most of the matches from the team fight.

It will only be on the Sasktel Local on Demand for the next 30 days so hopefully they can see it or a friend has a Sasktel subscription.

F) Featured Match of the week:

Beijing Olympics 2008

Frazer Will (CAN) vs Javier Guedez (VEN)

<http://www.judovision.org/?p=2669>

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Selection Events in Green

March 06, 2010

March 07, 2010

March 27, 2010

April 10, 2010

April 11, 2010

April 24, 2010

April 25, 2010

June 12, 2010

Melfort (Selection & All Ages Competition)

Team Training - Melfort (Little Leaders & Team)

Moose Jaw Open (All Age Divisions Competition)

**Provincial Championships: Watrous
(Selection & All Ages Competition)**

Team Training – Watrous (Little Leaders & Team)

AGM: Saskatoon

Team Training - Saskatoon

Black Belt Grading, Location TBC