

Judo Saskatchewan Bi-Weekly Update

Date: January 20, 2010

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the weekly update.

A) Judo Video Clips:

Tani-Otoshi:

<http://www.alljudo.net/video-de-judo-521.html>

<http://www.alljudo.net/video-de-judo-145.html>

<http://www.alljudo.net/video-de-judo-228.html>

<http://www.alljudo.net/video-de-judo-567.html>

<http://www.alljudo.net/video-de-judo-861.html>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

Steveston Pacific International, January 16, 2010

1 st 48kg	Alexandra Poliakiwski, Lloydminster
1 st 52kg	Jordan Poliakiwski, Lloydminster
1 st 63kg	Emily Schaan, Watrous
1 st 81kg	Ian McDonald, Lloydminster
3 rd 52kg	Chantal Beausoleil, Lloydminster
3 rd 63kg	Nicole Dyck, Watrous
3 rd 78kg	Bishop Sommerfeld, Regina YMCA
3 rd 100kg	Raymond Ference, Lloydminster

Judo Saskatchewan had a good weekend in Vancouver at the Pacific International Judo Championships winning four gold medals and four bronze medals. Leading the team for Saskatchewan was its oldest member Ian McDonald who won all of four matches by ippon; this was an important medal for him because it has been six years since he has been on the podium at this event. The young girls of Saskatchewan (Emily Schaan, Alex Poliakiwski and Jordan Poliakiwski) continued their dominance in Western Canada using their speed and spectacular throws to overwhelm their opposition. The Pacific International is a one of the national team ranking competition which attracts athletes from across Canada.

The rest of the team fought hard and with a lot of spirit but did not achieve a spot on the podium. Warren Seib, Andrew Yuen, Marc Beausoliel, Kendal McArthur, Jesse Caron, Sean Morrison, Charmaine Keenatch

Judo Saskatchewan Dan Grade Promotions:

Pat Pattison, Yondan, December 04, 2009

Saskatchewan Open: January 30, 2010

<http://www.judosask.ca/events/SKopennotice.pdf>

Note: If you are an athlete wishing to participate in the 2010 Youth Nationals or 2010 Senior Nationals this event and team

