

Judo Saskatchewan Bi-Weekly Updates

Date: November 04, 2009

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the weekly update.

A) Judo Video Clips:

Great Olympic Highlights 2008:

<http://www.judovision.org/?p=6125>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

Junior World Championships, Paris, France: October 22, 2009

Jordan Poliakiwski – 0w-1l

Jordan lost her first match in golden score to Shira Risony from Israel. Jordan dominated the first 2 minutes of the match but was unable to take advantage her control. Both athletes where evenly matched and it was unfortunate that Jordan was unable to advance past the first round. In the world championships if you lose a match before the quarterfinals your competition is done.

Judo Saskatchewan is very proud of the hard work and dedication that Jordan put towards her training for this competition. It is a great honour for Jordan Poliakiwski, the Poliakiwski family; the Lloydminster Judo Club and coach Dean McGarry to have a high quality athlete from Saskatchewan representing Canada at a World Championships.

Judo Saskatchewan athletes who have competed in the Junior World Championships:

2009 Jordan Poliakiwski

2000 Frazer Will

2000 Kalem Kachur

1990 Kim Bergy

Saskatoon YMCA Judo Challenge: November 14, 2009

<http://www.judosask.ca/events/SaskatoonNotice.pdf>

2009 Winter Camp, December 28-29-30, 2009

<http://www.judosask.ca/events/WinterCampNotice.pdf>

Guest Coach: Frazer Will, 2008 Olympian, Star City, SK

<http://www.canada.com/topics/sports/beijing2008/story.html?id=55f5aded-c561-452e-89e9-7400c88a778b>

Sask Open: January 30, 2010

<http://www.judosask.ca/events/SKopennotice.pdf>

C) Athletes / Coaches Corner

Judo Sask Team:

Hiroshi Nakamura:

8th Dan, NTC Shidokan Coach, former Canadian Olympic and National Coach
Coach of Nicolas Gill, Ewan Beaton, J.P. Cantin, Kevin Doherty, Brad Farrow

Osoto-Gari Part1: <http://www.youtube.com/watch?v=IE9OTyjRpWQ>

Osoto-gari Part 2: <http://www.youtube.com/watch?v=r4hX6neLzo4>

Osoto-gari Part 3: <http://www.youtube.com/watch?v=286y1wllnxU>

Osoto-gari Part 4 : <http://www.youtube.com/watch?v=8d5zrSe38sA>

Osoto-gari Part 5 : <http://www.youtube.com/watch?v=9AIN3U3JG6M>

D) Judo Canada/ World Update:

International Judo Federation Continues Experiment with possible rules changes:

http://www.intjudo.eu/?Menu=News&Action=Full&type_id=1&id=359&lang_id=2&mid=4

New Rules to be finalized before January 01, 2010

E) Judo Interest:

You Might Be a Judo Player if...

<http://www.westga.edu/~judo/misc/humor/judoplayer.html>

History of Judo in Canada:

<http://www.judonl.ca/canhist.htm>

F) Featured Match of the week :

Final World Junior Championships: GREAT UCHI-MATA

[-60kg] Hirofumi Yamamoto (JPN) – Tumurkhuleg Davaadorj (MGL)

<http://www.judovision.org/?p=6143>

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Selection Events in RED

November 14, 2009	Saskatoon YMCA U13 Years Judo competition
November 21, 2009	Kata Clinic – Saskatoon- pat.pattison@usask.ca
December 05, 2009	Black Belt Grading, Saskatoon
December 12, 2009	Prince Albert (Selection & All Ages Competition)
December 13, 2009	Team Training – P. A. (Little Leaders & Team)
December 28-30, 2009	Winter Camp – Watrous (<i>Guest Coach Frazer Will</i>)
January 30, 2010	Saskatchewan Open
January 31, 2010	Team Training - Regina
February 06, 2010 competition	Pense: 6 to 60 Orange belts and below
February 14-17, 2010	Saskatchewan Games: Moose Jaw
March 06, 2010	St.Brieux (Selection & All Ages Competition)
March 07, 2010	Team Training - St. Briuex (Little Leaders & Team)
March 27, 2010	Moose Jaw Open (All Age Divisions Competition)
April 10, 2010	Provincial Championships: Watrous (Selection & All Ages Competition)
April 11, 2010	Team Training – Watrous (Little Leaders & Team)
April 24, 2010	AGM: Saskatoon
April 25, 2010	Team Training - Saskatoon
June 12, 2010	Black Belt Grading, Location TBC