

Judo Saskatchewan Bi-Weekly Updates

Date: September 21, 2009

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the weekly update.

A) Judo Video Clips: 2009 World Championships

<http://www.judovision.org/?p=5703>

<http://www.judovision.org/?p=5668>

<http://www.judovision.org/?p=5663>

<http://www.judovision.org/?p=5747>

<http://www.judovision.org/?p=5611>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

Little Leaders Team Trainings 2009 / 2010 Season:

Start Times: 9:00AM

Duration: 1 hour

Ages: U13

Competitions supported by Little Leaders Team Training:

Prince Albert - Sunday December 13, 2009

St.Brioux - Sunday March 07, 2010

Watrous - Sunday April 11, 2010

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BLACK BELT GRADINGS 2009:

Andrew Yuen, Regina YMCA	Shodan	June 13, 2009
Jeanine Yuen, Regina YMCA	Shodan	June 13, 2009
Alicia Stever, Regina YMCA	Shodan	June 13, 2009
Warren Seib, Watrous	Shodan	June 13, 2009
Kendal McArthur, Watrous	Shodan	June 13, 2009
Marc Beausoleil, Lloydminster	Shodan	April 25, 2009
Jordan Poliakiwski, Lloydminster	Shodan	April 25, 2009
Ian McDonadl, Lloydminster	Nidan	April 25, 2009

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PRINCE ALBERT U13 COMPETITION – OCTOBER 03, 2009

<http://www.judosask.ca/events/PAunder13.pdf>

C) Athletes / Coaches Corner

Judo Sask Team:

Hiroshi Nakamura:

8th Dan, NTC Shidokan Coach, former Canadian Olympic and National Coach
Coach of Nicolas Gill, Ewan Beaton, J.P. Cantin, Kevin Doherty, Brad Farrow

Osoto-Gari Part 1: <http://www.youtube.com/watch?v=IE9OTyjRpWQ>

Osoto-gari Part 2: <http://www.youtube.com/watch?v=r4hX6neLzo4>

D) Judo Canada/ World Update:

2009 British World Cup Results:

2nd Nicholas Tritton 73kg

2nd Catherine Roberge 78kg

2nd Marylise Levesque 70kg

3rd Kelita Zupancic 70kg

3rd Amy Cotton 78kg

3rd Sasha Mehmedovic 66kg

DNP Frazer Will 60kg, Star City, SK

DNP Kalem Kachur 60kg, Regina, SK

E) Judo Interest:

Mother of Women's Competitive Judo receives her Gold Medal after 50 years:

[http://www.reuters.com/article/sportsNews/idUSTRE57Q00R20090827?pageNumber=1
&virtualBrandChannel=0](http://www.reuters.com/article/sportsNews/idUSTRE57Q00R20090827?pageNumber=1&virtualBrandChannel=0)

F) Featured Match of the week:

Mashiko Otsuka JPN vs David Kevkishvili GEO

<http://www.judovision.org/?p=5633>

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Selection Events in RED

October 03, 2009	Prince Albert U13 Years Judo competition
October 24, 2009	Moose Jaw Beginner Competition
November 14, 2009	Saskatoon YMCA U13 Years Judo competition
December 05, 2009	Black Belt Grading, Saskatoon
December 12, 2009	Prince Albert (Selection & All Ages Competition)
December 13, 2009	Team Training – P. A. (Little Leaders & Team)
December 28-30, 2009	Winter Camp – Watrous (<i>Guest Coach Frazer Will</i>)
January 30, 2010	Saskatchewan Open
January 31, 2010	Team Training - Regina
February 06, 2010	Pense: 6 to 60 Orange belt and below competition
February 14-17, 2010	Saskatchewan Games: Moose Jaw
March 06, 2010	St.Brieux (Selection & All Ages Competition)
March 07, 2010	Team Training - St. Brieux (Little Leaders & Team)
March 27, 2010	Moose Jaw Open (All Age Divisions Competition)
April 10, 2010	Provincial Championships: Watrous (Selection & All Ages Competition)
April 11, 2010	Team Training – Watrous (Little Leaders & Team)
April 24, 2010	AGM: Saskatoon
April 25, 2010	Team Training - Saskatoon
June 12, 2010	Black Belt Grading, Location TBC