



Judo Saskatchewan Athletes Assistance Grants 2010-2011 Season  
 Grants: 5 x \$400 – SR/U20/U17 Eligibility 3 x \$200 – U15/U17 Eligibility  
 Selection to be finalized at the 2011 Judo Saskatchewan Winter Camp

### Athletes Assistance Application

#### 1. Athletes Information

Last Name	First Name	Sex: M <input type="checkbox"/> F <input type="checkbox"/>	
		Birthdate:  YY / MM / DD	
Address	City	Province	Postal Code
Email		Home (____)____-____ Cell (____)____-____	

#### 2. Selection Guidelines

Domain 1: Athlete Competition Performance: Best 3 results to be counted (Minimum 2 wins to count a competition performance)				
Element	3	6	9	12
2010 Performance	<ul style="list-style-type: none"> <li>Gold Medal in Provincial Judo Competition</li> <li>Podium at Sask Open</li> </ul>	<ul style="list-style-type: none"> <li>Gold Medal U of M</li> <li>Gold Medal Sask Open</li> <li>Podium Edmonton International</li> <li>Podium Pacific Int Jr/Sr</li> </ul>	<ul style="list-style-type: none"> <li>Podium Youth Nationals</li> <li>Podium Sr Nationals</li> <li>Podium Ontario Open</li> <li>Podium Quebec Open</li> <li>Gold Pacific Int Sr</li> <li>Gold Edmonton Inter</li> </ul>	<ul style="list-style-type: none"> <li>Gold Medal Youth Nationals</li> <li>Gold Medal Sr Nationals</li> <li>Gold Medal Ontario Open</li> <li>Gold Medal Quebec Open</li> </ul>
Domain 2: Commitment and Effort at Judo Sask Team Trainings 2010				
Element	1-3	4-6	7-9	9-12
Attendance, Performance & Cooperation and Teamwork	<ul style="list-style-type: none"> <li>Athlete attended 1 team training</li> <li>Athlete gives good effort and participates in all areas of team training</li> <li>Athlete works with many partners and helps to get others involved. Athlete makes trainings better for other athletes</li> </ul>	<ul style="list-style-type: none"> <li>Athlete attended 2 team trainings</li> <li>Athlete gives good effort and participates in all areas of team training</li> <li>Athlete works with many partners and helps to get others involved. Athlete makes training better for other athletes</li> </ul>	<ul style="list-style-type: none"> <li>Athlete attended 3 or more trainings</li> <li>Athlete gives good effort and participates in all areas of team training</li> <li>Athlete works with many partners and helps to get others involved. Athlete makes trainings better for other athletes</li> </ul>	<ul style="list-style-type: none"> <li>Athlete attended 4 or more trainings</li> <li>Athlete gives good effort and participates in all areas of team training</li> <li>Athlete works with many partners and helps to get others involved. Athlete makes trainings better for other athletes</li> </ul>

3. Objectives and Goals 2011

(A) What are your performance objectives for the 2011 season?

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(B) What are your educational goals for 2011 (It is important that athletes have a balanced life between sport and education)

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4. List your best three Performances in 2010

(A)

(B)

(C)

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**Deadline for application – December 10, 2010**

Mail Application to: Dan Orescanin (Judo Saskatchewan Chair of Coaches)  
1449 Normandy Drive, Moose Jaw SK S6H 7S2  
[dan@sasktel.net](mailto:dan@sasktel.net)

_____ Athlete's Signature	_____ Date
_____ Coaches Signature	_____ Date
_____ Parental Signature*	_____ Date

\* Parental signature is required in the case the application is submitted by an individual of minority age

**IMPORTANT: ATHLETES ASSISTANCE IS TO BE SPENT ON JUDO SASKATCHEWAN  
ATHLETES TAXES FOR COMPETITIVE EVENTS**